

Name	Website	Facebook Page	Email Address	Telephone Number
Alan Shearer Centre	http://www.alanshearercentre.org.uk/	Alan Shearer Centre Facebook	enquiries@alanshearercentre.org.uk	0191 267 8118
Andy's Man Club	http://www.andysmanclub.co.uk/	Andys Man Club Facebook Andys Man Club Sunderland Facebook Andys Man Club Horden Facebook	info@andysmanclub.co.uk	
Autistic/ADHD Women's Support Group		Autistic/ADHD Women's Support Group Facebook		
Awesometistic CIC	http://www.awesometistic.co.uk/	Awesometistic CIC Facebook	richard@awesometistic.co.uk	07388 543110
Beach Access North East	http://www.beachaccessnortheast.org/	Beach Access North East Facebook	info@beachaccessnortheast.org	0300 999 4444
Camp Jojo	http://campjojo.org/	Camp Jojo Facebook	campjojoinfo@gmail.com	07494 193207
Caudwell Children	www.caudwellchildren.com	Caudwell Children Facebook	charity@caudwellchildren.com	0345 300 1348
Cerebra	www.cerebra.org.uk	Cerebra Facebook	info@cerebra.org.uk	0800 328 1159
Changing Places UK	http://www.changing-places.org/get_involved/take_action.aspx	Changing Places UK Facebook	changingplaces@muscular dystrophyuk.org	
Cheesy Waffles Project	http://www.cwyproject.org.uk/	Cheesy Waffles Project Facebook	cwyproject@gmail.com	07808 842 205
Contact – For Families with Disabled Children	www.contact.org.uk	Contact - For families with disabled children Facebook	helpline@contact.org.uk	0808 808 3555
Creative Minds – North Star Counselling CIC	http://www.creativemindsnsc.com/	Creative Minds - North Star Counselling CIC Facebook	info@creativemindsnsc.com	07388 513076
DADLG (Durham and Darlington Leisure Group)	Durham Area Disability & Leisure Group – Providing sports, leisure & social opportunities for children and young people with disabilities living in Durham and the surrounding areas (dadlg.org)		dadlg08@googlemail.com	07592 366454
Danceversity		Danceversity Facebook	danceversity.ne@gmail.com	07468 595044
Down Syndrome North East	http://www.dsne.org.uk/	Down's Syndrome North East Facebook	contact@dsne.org.uk	0870 765 2121 +44 7740 511814

Durham CAMHS	Community mental health service in South Durham for children and young people - Tees Esk and Wear Valley NHS Foundation Trust (tevw.nhs.uk)		tevw.camhscountydurhamdarlington@nhs.net	01325 529520
Durham County Carers Support	http://www.dccarers.org/	Durham County Carers Support Facebook	admin@dccarers.org	0300 005 1213
Durham SENDIASS	sendiass@durham.gov.uk	Durham SEND Information, Advice, Support Service Facebook		0191 587 3541
Education Otherwise than at School – EOTAS Matters		Education Otherwise Than At School - EOTAS Matters supporting SEN Families Facebook	hello@eotasmatters.co.uk	
Family Fund	http://www.familyfund.org.uk/	Family Fund Facebook	info@familyfund.org.uk	01904 550055
Freedom for Kids	http://www.freedomforkids.co.uk/	Freedom For Kids Facebook	info@freedomforkids.co.uk	01670 343456
Gateshead Parent Carer Forum		Gateshead Parent Carer Forum Facebook		
Grace House	http://www.gracehouse.co.uk/	Grace House North East Facebook	info@gracehouse.co.uk	0191 435 2088
Happy Faces Prudhoe	http://www.happyfaces-prudhoe.co.uk/	Happy Faces Prudhoe Facebook	info@happyfaces-prudhoe.co.uk	
Haystax	http://www.haystax.co.uk/	Haystax Inclusive Farm Experience and Lodges Facebook	enquiries_haystax@outlook.com	07596 856654
Heel and Toe	heelandtoe.org.uk	Heel & Toe Children's Charity Facebook	info@heelandtoe.org.uk	0191 386 8606
Hetton Buddies		Hetton buddies Facebook	hettonbuddies@hotmail.com	
I CAN Network	http://www.icannetwork.online/	I CAN Network Ltd Facebook	hello@icannetwork.com.au	
Include in Autism	https://www.includeinautism.org.uk/	Include 'In' Autism Facebook	information@includeinautism.org.uk	0191 580 5279
IPSEA	www.ipsea.org.uk	I.P.S.E.A Facebook		
Jensory Ideas		Jensory Ideas Facebook	jensoryideas@gmail.com	
Jigsaw		Jigsaw Facebook		
Kooth	https://kooth.com/	Kooth Facebook		
Leaps and Bounds North East		Leaps and Bounds North East Facebook	leapsandboundsne@gmail.com	07930 923502

Little Blue Cup	https://jo.my/lbc	LittleBlueCup Facebook	team@littlebluecup.org	
Little Treasures	littletreasures.website	Little Treasures autism charity Facebook Little Treasures Autism charity (parent/carer support page) Facebook	littletreasures18@gmail.com	07749 681130
Making Changes Together (M.C.T)	http://www.mctdurham.co.uk/	MCT - Making Changes Together - County Durham Parent Carer Facebook	info@mctdurham.co.uk	0191 587 3541
MERU	https://www.merushop.org/	MERU Facebook	info@meru.org.uk	
More Than Words	http://www.morethanwordscharity.com/	More Than Words Charity Facebook		
Muck Tubs Messy Play		Muck Tubs Messy Play Facebook	Mucktubs@outlook.com	07379401415
Newbold Hope	http://www.yvonnenewbold.com/	Newbold Hope Facebook Newbold Hope - Distressed Behaviour Information & Support Facebook	yvonne@yvonnenewbold.com	
Not Fine in School	http://notfineinschool.co.uk/	Not Fine In School - Public Page - School Attendance Difficulties Facebook		
PDA Society	pdasociety.org.uk	PDA Society Facebook	info@pdasociety.org.uk	
Pendragon Centre	http://www.pendragon-ct.org/	Pendragon Community Trust Facebook	julia.downes@pendragon-ct.org	01609 760330
PMLD Link	http://www.pmldlink.org.uk/	PMLD Link Facebook	info@pmldlink.org.uk	
Positive Eye	https://www.positiveeye.co.uk/	Positive Eye Facebook Positive Eye's Idea Machine Facebook	gwyn@positiveeye.co.uk	07947571559
Rhyming Multi Sensory Stories	www.rhymingmultisensorystories.com	Rhyming Multisensory Stories Facebook	rhymingmultisensorystories@outlook.com	
Rollercoaster	Rollercoaster Family Support Mental Health Support County Durham	Rollercoaster Parent Support Project Facebook	support@rollercoasterfs.co.uk	07377 213952
SEN ICT	http://www.ianbean.co.uk/	(1) Senict Facebook	info@ianbean.co.uk	
SEN Magazine	www.senmagazine.co.uk	SEN Magazine Facebook	info@senmagazine.co.uk	01200 409800

Shiremoor Adventure Playground Trust	http://www.shiremooradventureplayground.org.uk/	Shiremoor Adventure Playground Trust Facebook		01916438300
SIBS	http://www.sibs.org.uk/	Sibs - for brothers and sisters Facebook	info@sibs.org.uk	01535 645453
Smell the Roses	http://www.smelltheroses.org.uk/	Smell the Roses Facebook	pauline.grant@smelltheroses.org.uk	07305 484234
Smile Through Sport	http://www.smilethroughsport.com/	SMILE Through Sport Facebook	info@smilethroughsport.com	07749 114807
SPARCS	https://www.sparcsne.com/	Sparcs Community Facebook SPARCS Facebook	sparcs@yahoo.com	
Special Needs Jungle	https://www.specialneedsjungle.com/	Special Needs Jungle Facebook	team@specialneedsjungle.com	
Special Olympics	http://www.specialolympicssunderland.org.uk/	Special Olympics Sunderland Facebook	kathrooney16@gmail.com	07897 597916
Story Massage Programme	https://www.storymassage.co.uk/	Story Massage Programme Facebook	info@storymassage.co.uk	01243779600
Sunderland Carer's Centre	https://www.sunderlandcarers.co.uk/contact/	Sunderland Carers Centre Facebook	contactus@sunderlandcarers.co.uk	0191 549 3768
Sunderland Community CAMHS	Sunderland Community CAMHS – Sunderland CAMHS			0191 283 1656
Sunderland Parent/Carer Forum	sunderlandpcf.co.uk	Sunderland Parent Carer Forum Facebook	spcfoffice@sunderlandpcf.co.uk	07393 129858
Sunderland Portage (National Portage Association)	Welcome National Portage Association	Sunderland Portage Facebook	portage@togetherforchildren.org.uk	
Sunderland SENDIASS		Sunderland SEND IASS Facebook	sendiass@sunderlandcarers.co.uk	0191 537 5764
Sunderland CYPs	Children and Young People's Service - South Tyneside and Sunderland - CNTW166 - Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust		NTAWNT.SOTCyps@nhs.net	0191 566 5500
SWAN (Syndromes Without a Name)	undiagnosed.org.uk	SWAN UK (Syndromes Without A Name) Facebook	info@undiagnosed.org.uk	
The Challenging Behaviour Foundation	http://www.challengingbehaviour.org.uk/	Challenging Behaviour Foundation Facebook	info@thecbf.org.uk	01634 838739

The Chronicle Sunshine Fund	thesunshinefund.org	The Chronicle Sunshine Fund Facebook	siobhan.sargeant@thesunshinefund.org	0191 201 6289
The PDA Space	https://www.thepdaspaces.com/	The PDA Space Facebook	admin@thepdaspaces.com	07962 391579
The Sensory Projects	http://www.thesensoryprojects.co.uk/	The Sensory Projects Facebook	sensorystory@gmail.com	
The Special Lioness	https://www.thespeciallioness.com/	The Special Lioness Facebook The Special Lioness group Facebook	thespeciallioness@gmail.com	07834 036314
The Special Storyteller	https://sensorystoriespodcast.com/	The Special Storyteller Facebook	sensorystoriespodcast@gmail.com	
The Toby Henderson Trust	ttht.co.uk	The Toby Henderson Trust Facebook	support@ttht.co.uk	0300 365 3055
The Zones of Regulation	http://www.zonesofregulation.com/	The Zones of Regulation Facebook	info@zonesofregulation.com	
Thrive Approach	http://www.thriveapproach.com/	Thrive Approach Facebook The Thrive Approach - supporting the community to weather the storm Facebook	enquiries@thriveapproach.com	01392 797555
Tim Lamb Centre	pathways4all.co.uk	Tim Lamb Centre Facebook	info@pathways4all.co.uk	0191 266 5233
Useful Vision	http://www.usefulvision.org.uk/	Useful Vision Facebook	office@usefulvision.org.uk	0191 447 2600
Washington Mind	washingtonmind.org.uk	Washington Mind Facebook	info@washingtonmind.org.uk	0191 417 8043
Washington Riding for Disabled	http://www.washingtonridingcentre.co.uk/	Washington Riding Centre RDA Facebook	washingtonridingcentre@yahoo.co.uk	0191 416 2745
Widgit	http://www.widgit.com/	Widgit Software Facebook	info@widgit.com	01926 333680
Young Minds	www.youngminds.org.uk	YoungMinds Facebook	ymentquiries@youngminds.org.uk	020 7089 5050